

INDEPENDENT COUNSELLING: DAVID SIMON



Milburn House
Dean Street
Newcastle upon Tyne
NE1 1LF
0191 230 8118

This is a counselling contract between David Simon (counsellor) and the client:

Name: A N Other
Address: 1 High Street, Anytown, XY1 1XY
Phone Number(s): 07712345678 Email: another@mail.com

The counsellor will make every reasonable effort, using a [Person-Centred approach](#), to provide a therapeutic environment in which the client can safely explore emotionally difficult and/or complex personal issues.

We agree to meet for one hour per week (unless agreed otherwise) at the above address. Sessions will continue until ended by mutual agreement.

Fees are £45 per hour, with payment due before the end of each session.

I will give as much notice as possible of any cancellation or rescheduling. I would appreciate as much notice as possible from you also. If you cannot give at least 48 hours' notice, and we cannot find an alternative appointment time within the following two working days, this will result in a cancellation fee of £20 being payable.

Your personal data and the content of the sessions are confidential. However, the principle of confidentiality does not cover a situation in which I believe there is a serious risk of harm to you or to others, or where there is a legal obligation to disclose information.

I am voluntarily registered with the Information Commissioner's Office and comply with all relevant aspects of the Data Protection Act. I may make brief, anonymised notes in order to monitor my work. These records are encrypted and securely stored in line with ICO [guidance](#). If I need to discuss my work in the context of clinical [supervision](#), I will not use any details that make you identifiable. My privacy policy is available on my website.

Signed: _____ (client)

Signed: _____ (counsellor)

Date: _____